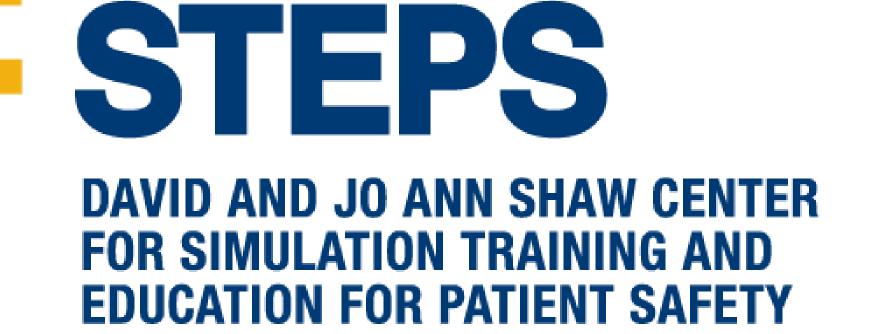


# ICU Orientation Utilizing Simulation with Program Evaluation

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# **BACKGROUND**

- A needs assessment was conducted to investigate the knowledge, skills, and abilities of ICU nurses upon hiring.
- Clinical preceptors, senior nurses, and BKAT testing indicated gaps surrounding orientees' understanding of underlying physiology in critical care patients as well as the treatments used to care for them.
- A program was created consisting of five 2hour simulation workshops focused on physiology and clinical application.



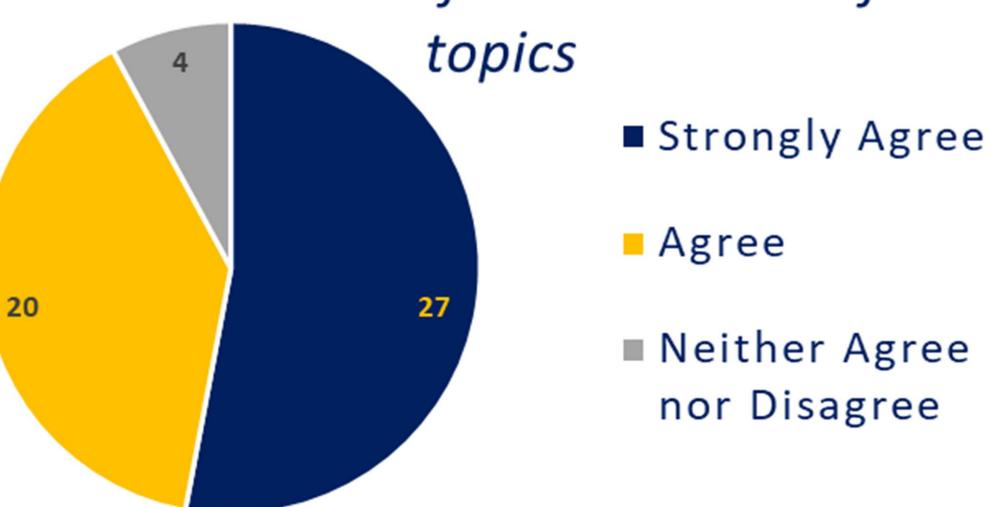
#### **IMPROVEMENT ACTION PLAN**

- 1. A baseline of the orientee's knowledge is gathered during a standardized presimulation.
- 2. A second workshop was adapted from a School of Medicine simulation which demonstrates the cardiovascular physiology of a critical patient.
- 3. The third workshop focuses on the respiratory system and an introduction to the ICU ventilator.
- 4. The fourth workshop is an ABG workshop showcasing several simulated patients to present each gas derangement.
- 5. Learners conclude their orientation simulation series with a post-simulation to cement the principles and assess the progress of the learner. The final simulation is significantly more complicated and includes misplaced airways, incorrect medications, and multiple distractions.

### **RESULTS**

- In a post-simulation survey, participants felt this program aided their transition to ICU service.
- Orientees felt that other institutions should implement similar orientation programing.
- Once completing the program, respondents felt they could more efficiently identify acuity decompensating patients.
- Orientees noted how this program promoted the importance of orientee/preceptor relationships, development of critical thinking skills, and utilization of simulation to exercise practical application of knowledge using a controlled environment.

All institutions should include simulation cases for assessment of ICU



# **SCALE-UP PLAN**

- Currently, this program exists for the adult ICUs at Ruby Memorial.
- The program has the potential to expand into emergency medicine, pediatrics, and other departments, provided that their clinical educators and leadership conduct thorough needs assessments and offer the necessary support.
- This program can serve as a model for system-wide implementation among ICU staff, with Ruby and STEPS staff leading the training of educators across the healthcare system.

#### **SUSTAINABILITY PLAN**

- This is a standardized educational event featuring predefined goals, objectives, and instructional materials that are readily adaptable for use by other simulation professionals.
- This program has been self- sustaining since 2017 with periodic revisions and additions to content.
- The monetary cost was calculated at \$3,700 per orientee, assuming full utilization of all simulations. Notably, WV STEPS does not charge Ruby Memorial Hospital nursing departments for these simulations; this cost applies only to external users.

# **SMARTER OBJECTIVES**

- 1. Describe the process for designing, implementing, and evaluating a new-hire orientation program in an ICU/Critical Care environment.
- 2. Identify opportunities for physiology and pathology simulation workshops for professional staff.
- 3. Describe the process of a comprehensive program evaluation to assess programs and make necessary changes based on findings.



#### **LESSONS**

- STEPS and other simulation centers can help build, deliver, and evaluate education content for local healthcare providers
- Leveraging resources from existing simulation programs significantly decreases the required content creation effort and accelerates the development process.