Nutrition Facts Serving Size: 0.75 cup (174.94g), Servings Per Container: 12, Amount Per Serving: **Calories** 200, Calories from Fat 20, **Total Fat** 2.5g (4% DV), Saturated Fat 0g (0% DV), *Trans* Fat 0g, **Cholesterol** 0mg (0% DV), **Sodium** 180mg (8% DV), **Total Carbohydrate** 37g (12% DV), Dietary Fiber 6g (24% DV), Sugars 3g, **Protein** 10g, Vitamin A (15% DV), Vitamin C (15% DV), Calcium (15% DV), Iron (15% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

Ingredients: Soymilk, Original and Vanilla, Light, Unsweetened, with Added Calcium, Vitamins A and D; BARILLA Pasta, Penne, Whole Grain, Dry; BUSH'S Beans, Cannellini; Garlic Clove; GREEN GIANT SIMPLY STEAM Peas, Sweet, Baby, Frozen; Edamame, Frozen, Unprepared; Spinach, Chopped, Raw; Pepper, Chile Chipotle; Oregano, Fresh; Tomatoes, Sun Dried; WESTBRAE NATURAL Soybean Paste, Organic, Mellow White Miso; BOB'S RED MILL Nutritional Food Yeast; Paprika; Pepper, Black, Ground